Believe in children

🌃 Barnardo's











need support

Ineed a break

want some help





want to help

Workshop signal cards for children and young people.

This box contains 11 cards designed to help participants to express common needs that might arise during a design or research workshop.

These cards allow participants to flag a need or want without verbalising or drawing attention to themselves

As part of your consent and ground-rules setting at the start of your session, show participants how to use them.

Spread the cards on a table within easy reach, ideally where if used, they do not draw attention to the participant (multiple sets are needed in large groups).

Participants can touch or point to a card to indicate to the facilitator a need or want that needs addressing.

Note: We always welcome feedback on our resources. Should you wish to share any reflections or suggestions please email us at:

servicedesign@barnardos.org.uk