

# Your choice to take part

## Instructions

This pack contains 8 cards designed for moderators to use at the beginning of a design session with young people to reiterate key principles of voluntary informed consent - explain what is happening on the day - and also to support feedback gathering at the end of sessions.

On one side, the cards show summary visuals to help easily communicate the key ideas to a youth audience. The other side has narrative for the moderator to read.

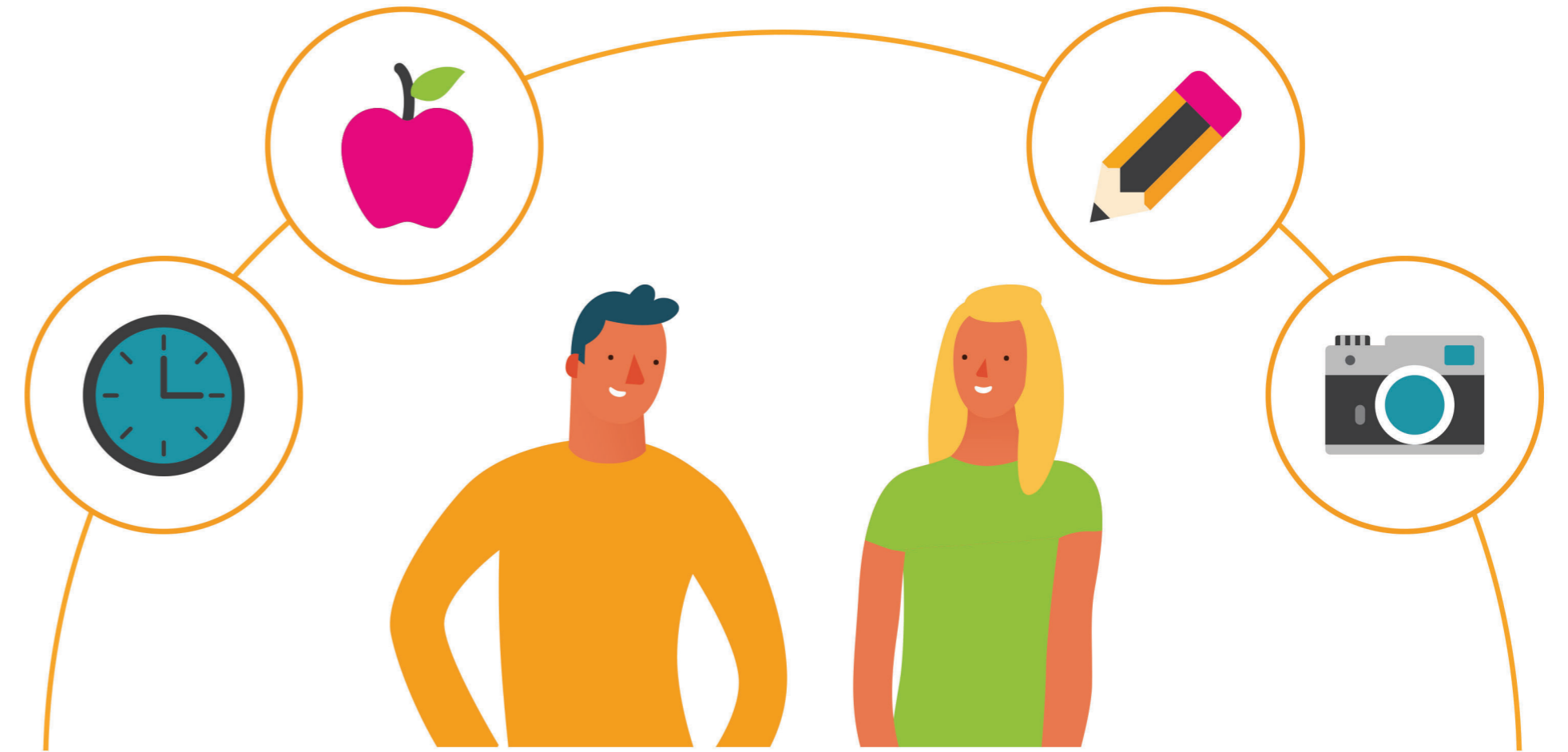
You may not need or use all of these cards for every session. Take a look through them and think about which might be relevant for your audience and context. We recommend that all cards relating to informed consent be used in all sessions.

These cards should be appropriate for either group or 1-1 sessions, though you may find they do not feel appropriate for older learning age audiences in a 1-1 session context.

# 1

We think the best people to design services are you because you know what you want and need.

**Today, you are the designers for the day!**



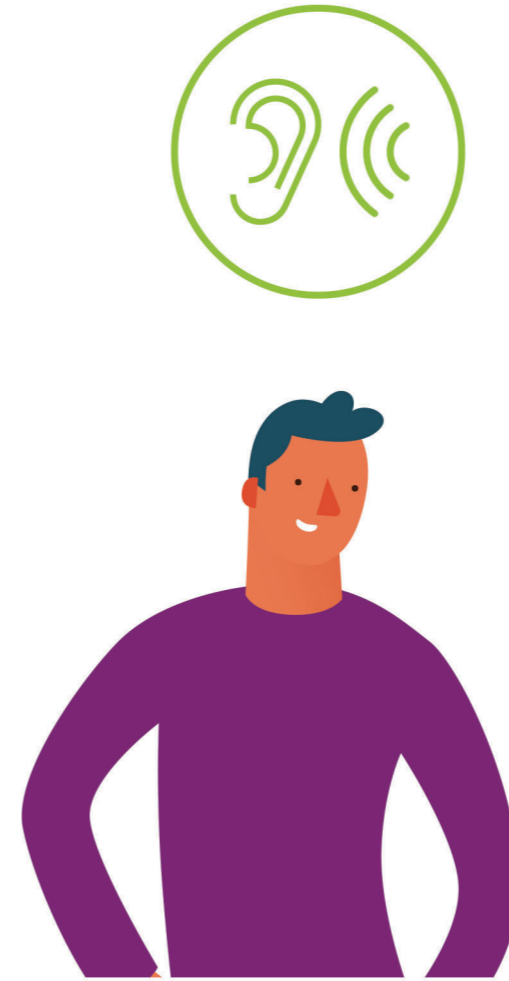
# Designer

# 2

We want to remind you what will happen today and you can choose whether you still want to stay.

We will be working individually and in groups, listening and talking.

It's confidential. What is discussed in the room stays in the room and we will not discuss your personal experiences. This research will not affect the support you receive from Barnardo's.



# 3

This is your time to tell us what you think about our work so we can make it better.

We'll ask your opinion about a few things and we promise we will listen.

But you don't have to answer, and you should only share what you're comfortable sharing.

In fact, even if you decide to get up and leave - that's fine. We won't be upset if you don't answer something or if you choose not to take part.

**It's totally up to you.**

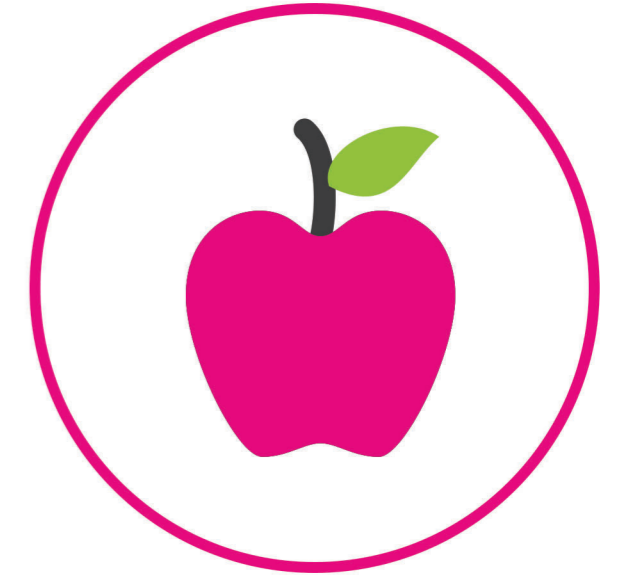
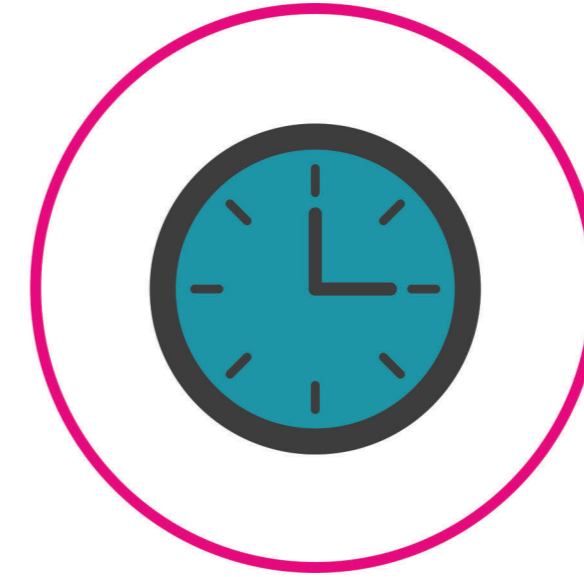


# 4

You can choose to have your worker with you if you like.

You are not expected to stay for the whole time if you do not want to.

There will be snacks!



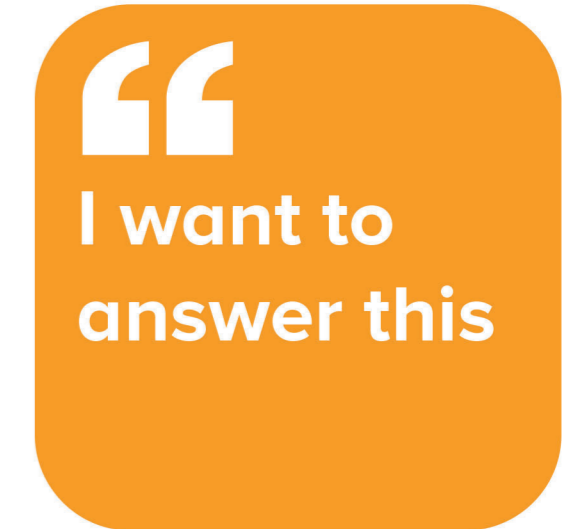
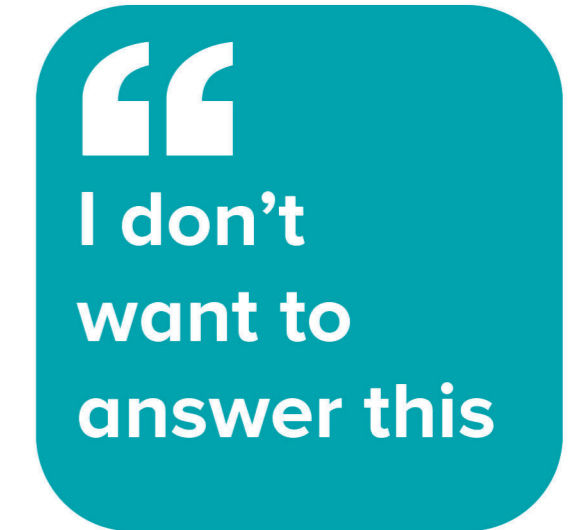
# 5

Sometimes, we feel something but don't want to talk about it out loud. For example, if you weren't feeling comfortable, we'd really want to know - but we wouldn't want you to have to tell the group that if that didn't feel right. Or maybe you just have something to say, but don't want to put your hand up and say that.

To make it easier to quietly let us know - we use something called 'signal cards'. There's lots of different coloured signal cards on your table (show all).

You can choose the one for you to let us know how you're feeling.

**For example - if you want to leave, don't want to answer a question or feel uncomfortable, just touch one or hand the card to the person running the workshop. No-one else will know why and you won't be interrupting, so don't worry.**

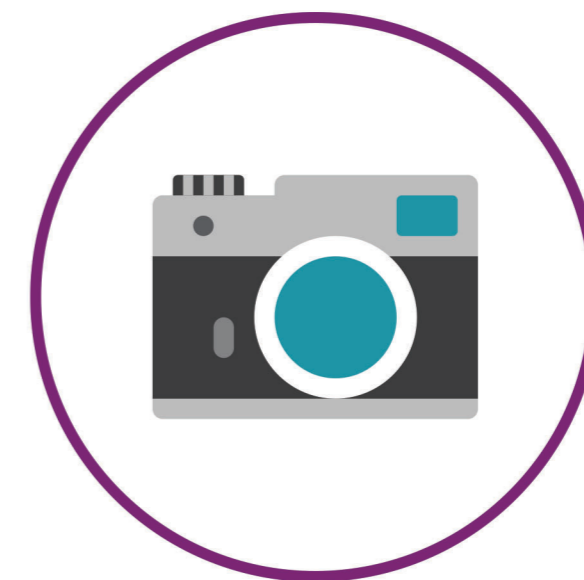


# 6

We need to take notes to help us remember what you think, we may write down what you say. If you've told us you are ok with it in your consent form, we might also take photos of the work you do or record what you tell us using an audio recorder.

Any photos we take or what we record will not include your name.

**The only time we will speak to your worker or safeguarding lead about anything you say is if we are worried about you.**



# 7

At the end, we will talk about what you have learnt and we can discuss the skills you feel you picked up.

We can also talk about how the work we have done together, will help other young people get support from Barnardo's.

**Believe in  
children**  
Barnardo's





# 8

We're really happy for you to question us about how we might use anything you have said and tell us how we could do better.

If you have any questions or are not sure about something, come and speak to us, write something on the feedback form or tell your Barnardo's worker.

**It's really important that you have a chance to ask any questions, and that you only take part today if you feel comfortable about what we're doing and you're happy to be part of it.**

# Any questions

